

Pennington Flash 5m Trail Race 2025

Overall Results

Plac	Bib	Name	Gende	AG	Club	ChipTim	GunTim
Pennington Flash 5m Trail Run 2025							
1.	413	Edwards, Luke	M	Senior	Bolton United Harriers	26:55	26:55
2.	494	McLeod, James	M	V40	Accrington Road Runners	29:32	29:32
3.	351	Bird, Daniel	M	Senior	Swinton Running Club	29:35	29:35
4.	536	Robinson, Henry	M	Senior	Leigh Harriers	30:07	30:07
5.	548	Smith, Dave	M	V45	Leigh Harriers	30:23	30:23
6.	344	Banks, Chris	M	V40	Wesham Road Runners	30:47	30:47
7.	517	Orrell, Danny	M	V45	Wigan Phoenix	30:53	30:53
8.	386	Cordiner, Mark	M	Senior	Swinton Running Club	31:31	31:32
9.	392	Cuff, Jack	M	Senior		31:32	31:32
10.	479	Knowles, David	M	V40	Liverpool Running Club	31:42	31:43
11.	556	Taylor, Marcus	M	V55	Horwich RMI Harriers	31:57	31:57
12.	562	WALTON, Chris	M	V40	Accrington Road Runners	32:20	32:20
13.	462	Holt, David	M	V40	Astley and Tyldesley Road	32:24	32:25
14.	421	ford, simon	M	V50	Astley and Tyldesley Road	32:56	32:56
15.	359	Blakemore, Paul	M	V40	Wigan Phoenix	32:58	32:58
16.	381	Collier, Mark	M	V45	Wigan Phoenix	33:00	33:00
17.	416	Fawcett, Steven	M	V45	Radcliffe AC	33:04	33:04
18.	465	Hudak, Sarah	F	FV35	Trafford AC	33:08	33:08
19.	601	Thomas, James	M	Senior	Ramsbottom Running Club	33:11	33:11
20.	434	gregory, Lucas	M	Jnr. Male	Leigh Harriers	33:37	33:37
21.	561	Walls, Mel	F	FV40	Wigan Harriers	33:36	33:37
22.	383	Collins, Paul	M	V55	Swinton Running Club	33:40	33:40
23.	382	Collins, Mark Anthony	M	V50	Astley and Tyldesley Road	33:48	33:48
24.	371	Calland, Daniel	M	V40	Leigh Harriers	33:57	34:12
25.	514	Oddie, Michael	M	V50	Red Rose Road Runners	34:40	34:41
26.	372	Cannon, Mark	M	V60	Burnden Road Runners	34:43	34:44
27.	403	Donigan, Michael	M	V45	Swinton Running Club	34:45	34:46
28.	503	Moorfield, Warren	M	V55	Wigan Phoenix	34:47	34:48
29.	515	O'Reilly, Richard	M	V55	Horwich RMI Harriers	34:45	34:49
30.	429	Garner, Mark	M	V50	Radcliffe AC	34:51	34:52
31.	340	Avison, Gary	M	Senior	Burnden Road Runners	34:56	34:58
32.	508	Myerscough, STEVE	M	V50	Wesham Road Runners	34:57	34:59
33.	524	Piper, Wes	M	Senior	Wigan Harriers	34:59	35:00
34.	427	Gallagher, Paul	M	V65	Accrington Road Runners	35:16	35:16
35.	573	Wilson, Christopher	M	Senior	Ramsbottom Running Club	35:25	35:26
36.	467	Hulme, Neil	M	V60		35:31	35:33
37.	530	Quinn, Jake	M	Senior	Burnden Road Runners	36:27	36:31
38.	356	Blake, Luisa	F	Jnr.	Newcastle Uni AC	36:44	36:50
39.	407	Doxey, Steven	M	V65	Swinton Running Club	36:49	36:51
40.	572	Williams, Mark	M	V55	Radcliffe AC	36:54	36:56
41.	469	Hurdall, Amanda	F	FV50	Salford Metropolitan AC	36:58	37:00
42.	424	Fryer, Phillip	M	V40	Burnden Road Runners	37:03	37:07
43.	388	Counsell, Neil	M	V55	Burnden Road Runners	37:25	37:26
44.	532	Rhodes, Janet	F	FV50	Lostock AC	37:24	37:29

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Plac	Bib	Name	Gende	AG	Club	ChipTim	GunTim
45.	498	Mills, Rebecca	F	FV40	Swinton Running Club	37:35	37:37
46.	472	Jackson, Richard	M	V40	Swinton Running Club	37:37	37:39
47.	384	condron, matthew anthony	M	V45	Swinton Running Club	37:39	37:42
48.	608	Dutton, Gary	M	V55	Leigh Harriers	37:44	37:45
49.	478	Kinloch, Gwen	F	FV65	Burnden Road Runners	37:48	37:50
50.	543	Shaw, Simon	M	V60	Red Rose Road Runners	37:52	37:53
51.	493	Mckittrick, alistair	M	V60	Ramsbottom Running Club	38:06	38:09
52.	553	Subert, Pavel	M	V50	Spectrum Striders	38:09	38:15
53.	599	Dyke, Martin	M	V40	Swinton Running Club	38:28	38:32
54.	368	Butler, Philip	M	V60	Red Rose Road Runners	38:35	38:37
55.	577	Wooldridge, Simon	M	V40	Ramsbottom Running Club	38:39	38:42
56.	470	Hynes, James	M	V55		38:35	38:48
57.	584	Coxon, Geoff	M	V55		38:43	38:49
58.	496	McNulty, Anthony	M	V50	Accrington Road Runners	38:49	38:50
59.	373	Cartwright, Donna	F	FV45	Radcliffe AC	38:54	38:56
60.	527	Pratt, Gareth	M	V50	Lostock AC	38:53	38:57
61.	500	Molyneux, Paul	M	V45	North Bolton Runners	38:54	38:59
62.	575	Wilson, Stephen	M	V65	Ramsbottom Running Club	38:57	38:59
63.	502	Moorfield, Karen	F	FV40	Wigan Phoenix	39:00	39:02
64.	484	Lobb, Vanessa	F	FV35	Ramsbottom Running Club	39:35	39:38
65.	410	Driver, Graham	M	V55	Spectrum Striders	39:50	39:55
66.	545	Shepherd, Philip	M	V50	Ramsbottom Running Club	39:54	39:59
67.	396	Davenport, Rob	M	Senior		39:54	40:00
68.	510	Nation, Helen	F	FV45	Swinton Running Club	39:59	40:01
69.	592	Warwick, Martyn	M	V50	Quays Running Club	40:00	40:07
70.	485	LOWE, GARETH	M	V40	Burnden Road Runners	40:01	40:08
71.	518	Parry, Dominic	M	V50	Radcliffe AC	40:12	40:22
72.	564	Waring, John	M	Senior		40:23	40:29
73.	430	Gerrard, Gayle	F	FV50	Burnden Road Runners	40:25	40:30
74.	501	Molyneux, Zoe	F	Senior	Ramsbottom Running Club	40:24	40:35
75.	394	Das, Ani	M	V45	Swinton Running Club	40:28	40:36
76.	408	Drakeley, Matthew	M	Senior	Swinton Running Club	40:39	40:43
77.	582	Mamer, Vicky	F	FV35	Burnden Road Runners	40:42	40:45
78.	418	Fisher, Andrew	M	V55	Wigan Phoenix	40:39	40:50
79.	423	Foulkes, Gareth	M	V40	Lostock AC	40:41	40:51
80.	402	Doherty, Simon	M	V50	Swinton Running Club	40:48	40:51
81.	495	McManus, Johanna	F	FV40	Lostock AC	41:10	41:14
82.	364	Bridge, Chris	M	Senior	Red Rose Road Runners	41:16	41:18
83.	525	Plant, Gillian	F	FV60	Warrington running Club	41:17	41:21
84.	358	Blakemore, Chloe	F	FV40	Wigan Phoenix	41:26	41:31
85.	412	Eckersley, lindsey	F	FV55		41:37	41:39
86.	481	Lacey, Paul	M	V40	Lostock AC	41:31	41:40
87.	509	Naisbitt, Neil	M	V55	Ramsbottom Running Club	41:33	41:41
88.	422	Foreman, Sarah	F	FV35	Swinton Running Club	41:41	41:43
89.	602	Jones, Gary	M	V60	Bolton United Harriers	41:59	41:59

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90.	414	Ellison, Claire	F	FV35	Spectrum Striders	42:21	42:32
91.	475	Jones, Sheila	F	FV70	Radcliffe AC	42:29	42:39
92.	583	Billington, Rahchel	F	FV45	Swinton Running Club	42:45	42:48
93.	595	Clarke, Miranja	F	FV50	Quays Running Club	42:47	42:52
94.	588	Kilshaw, Greg	M	V40	Lostock AC	42:51	42:57
95.	369	Byers, Richard	M	V55	Running4CF	42:56	42:58
96.	426	Furlong, Diane	F	FV55	Horwich RMI Harriers	42:49	43:00
97.	537	Robinson, Steven	M	V70	Thornton Cleveleys Running Club	42:56	43:01
98.	401	Doherty, Linda	F	FV50	Burnden Road Runners	42:58	43:02
99.	385	Connell, Adam	M	Senior	Swinton Running Club	42:59	43:06
100.	477	Keefe, Ryan	M	Senior	Wigan Phoenix	43:02	43:13
101.	551	Staveley, Shirley	F	FV60	Burnden Road Runners	43:17	43:20
102.	441	McCoy, Sally	F	FV60	Lostock AC	43:37	43:45
103.	389	Crawshaw, Samuel	M	V45	Levenshulme Runners	43:45	43:56
104.	520	Partington, Jenni	F	FV45	Burnden Road Runners	43:58	44:05
105.	443	Hanson, Richard	M	V55	Ramsbottom Running Club	44:00	44:09
106.	499	Moden, Liam	M	V55	Accrington Road Runners	44:03	44:12
107.	353	Black, Steve	M	V50		44:05	44:18
108.	342	Bailey, Nancy	F	FV60	Accrington Road Runners	44:23	44:32
109.	570	Williams, George	M	V75		44:23	44:32
110.	516	Ormshaw, Ian	M	V45		44:24	44:42
111.	512	NICHOL, DON	M	V70	Ramsbottom Running Club	44:33	44:42
112.	550	Soden, Heather	F	FV55	Lostock AC	44:40	44:48
113.	513	Nussey, Mark	M	V55	Thornton Cleveleys Running Club	44:45	44:49
114.	447	Harrison, Emily	F	Senior		44:39	44:52
115.	522	Peers, David	M	V45		44:37	44:53
116.	563	Warburton, Andy	M	V60	Burnden Road Runners	44:49	44:54
117.	365	Brown, Michael	M	V65	Preston Harriers	44:52	44:58
118.	538	Rutherford, Paul	M	V60	Swinton Running Club	44:52	45:01
119.	355	Blake, Adrian	M	V45	Ramsbottom Running Club	45:00	45:08
120.	347	Batty, Leanne	F	FV45	Thornton Cleveleys Running Club	45:17	45:24
121.	535	Robinson, Andrew	M	V50	Accrington Road Runners	45:43	45:46
122.	338	Atherton-mckenna,	F	FV55	Lostock AC	45:50	45:59
123.	488	Malone, Ethan	M	Senior	Radcliffe AC	45:54	46:04
124.	585	Righini, Louise	F	FV40	Burnden Road Runners	46:13	46:22
125.	348	Bell, Simon	M	V50	Robin park runners	46:04	46:23
126.	540	Saunders, Dawn	F	FV50	Thornton Cleveleys Running Club	46:21	46:28
127.	589	Davies, Glyn	M	V70	Swinton Running Club	46:41	46:44
128.	336	Aldred, Terri	F	FV45	Lostock AC	46:40	46:48
129.	558	Tighe, Lucie	F	FV35	Radcliffe AC	46:56	47:07
130.	360	Bligh, Christopher	M	V60	Thornton Cleveleys Running Club	47:03	47:09
131.	345	bartlett, david	M	V45	Radcliffe AC	47:16	47:22
132.	598	Smith, Gary	M	V60	North Bolton Runners	47:22	47:29
133.	367	Butler, Mark	M	V60	Burnden Road Runners	47:27	47:36
134.	492	Mcfadden, Kieran	M	Senior		47:30	47:44

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135.	378	Clarkson, Hannah	F	Senior	North Bolton Runners	47:44	47:50
136.	460	Holden, Mark	M	V45	Billinge Running Club	47:40	47:55
137.	568	Whitlam, andy	M	V70	Thornton Cleveleys Running Club	47:47	47:57
138.	531	Raffel, Alistair	M	V70	Spectrum Striders	47:53	47:59
139.	607	Millard, Lyndsey	F	FV40		47:43	48:01
140.	438	Halliwell, Lindsay	F	FV50		47:50	48:02
141.	511	Ndhlovu, Pretty	F	FV50		47:59	48:15
142.	431	Green, Suzanne	F	FV50		48:11	48:16
143.	406	Douglas, Mark	M	V45	Nantwich Running Club	48:05	48:17
144.	578	Wrigley, Victoria	F	FV50	Thornton Cleveleys Running Club	48:11	48:19
145.	594	Bailey, Elaine	F	FV65	Radcliffe AC	48:11	48:21
146.	506	Mullarkey, Dan	M	Senior	Swinton Running Club	48:15	48:22
147.	539	Satterthwaite, Gillian	F	FV45	Thornton Cleveleys Running Club	48:15	48:24
148.	489	Martin, Denise	F	FV55	Warrington running club	48:22	48:26
149.	590	Coyne, Finlay	M	V75	Burnden Road Runners	48:24	48:29
150.	349	Berry, Kathryn	F	FV60	Burnden Road Runners	48:39	48:45
151.	471	Iveson, George	M	V45	Lostock AC	48:38	48:46
152.	586	Danson, James Robert	M	V60	Wesham Road Runners	48:45	48:49
153.	377	Chilton, Jon	M	V55		48:50	49:02
154.	529	Pruszyńska, Anna	F	FV45	Ramsbottom Running Club	48:51	49:04
155.	526	Plowman, Paula	F	FV60	Red Rose Road Runners	48:59	49:09
156.	459	Holden, Charlotte	F	Senior	Radcliffe AC	49:04	49:14
157.	483	Lennox, Heather	F	FV40	Liverpool Running Club	49:14	49:18
158.	444	Hardman, Lynda	F	FV55	Lostock AC	49:25	49:34
159.	433	Greenall, Chris	M	V55	Burnden Road Runners	49:24	49:37
160.	600	Jameson, Georgia	F	Senior		49:27	49:40
161.	591	Allen, David	M	V70	Burnden Road Runners	49:32	49:41
162.	523	Pendlebury, Jeff	M	V65	Ramsbottom Running Club	49:55	50:06
163.	450	Harrison, Ursula	F	FV60	Spectrum Striders	49:58	50:09
164.	596	Symons, Stephen	M	V55	Quays Running Club	50:05	50:12
165.	399	Denney, Janine	F	FV55	Thornton Cleveleys Running Club	50:07	50:15
166.	452	HAY, ANDREW	M	V55		50:18	50:29
167.	428	Garewal, Sheila	F	FV65	Lostock AC	50:35	50:43
168.	400	Dickson, Helen Jane	F	FV55	Accrington Road Runners	50:32	50:46
169.	449	Harrison, Julia	F	FV55		50:40	50:53
170.	587	Hesketh, Tony	M	V75	Horwich RMI Harriers	50:52	50:59
171.	361	Boxer, Graham	M	V65	Swinton Running Club	50:58	51:05
172.	455	Herriott, John	M	V40	St Helens Striders	51:00	51:15
173.	437	Hall, Jamie	M	Senior	North Bolton Runners	51:17	51:22
174.	541	Schofield, David	M	V45	Radcliffe AC	51:12	51:24
175.	474	Jones, Cath	F	FV60	Ratcliffe Athletics Club	51:18	51:30
176.	453	Hayne, Tommy	M	V65	Skelmersdale Running Club	51:25	51:37
177.	461	Hollingworth, Tim	M	V50	Quays Running Club	51:33	51:39
178.	387	Cottrell, Julie	F	FV55		51:33	51:47
179.	566	WETTON, SHEILA ANNE	F	FV55	Prestwich Athletic Club	51:39	51:52

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180.	464	Hoyle, Peter	M	V65	Accrington Road Runners	51:42	51:54
181.	463	Hoyle, Janet	F	FV65	Accrington Road Runners	51:40	51:56
182.	606	Holland, Kirsty	F	FV35	Wesham Road Runners	51:48	52:06
183.	357	Blake, Marisa	F	FV55	Ramsbottom Running Club	52:14	52:25
184.	476	Kay, Geoff	M	V70	Swinton Running Club	52:16	52:27
185.	409	Dridge, Fiona	F	FV50	Thornton Cleveleys Running Club	52:24	52:31
186.	521	Partington, Siobhan	F	FV45	Spectrum Striders	52:15	52:32
187.	559	Trelfa, Austin	M	V70	Red Rose Road Runners	52:35	52:40
188.	395	Das, Sara	F	FV35	Swinton Running Club	52:40	52:50
189.	497	Mercer, Alison	F	FV60	Red Rose Road Runners	52:41	52:51
190.	420	Ford, Lee	M	V50	Ramsbottom Running Club	52:41	52:53
191.	597	Turner, Carl	M	V50		52:50	53:03
192.	370	Caldwell, Gillian	F	FV70	Lostock AC	52:59	53:07
193.	491	McCourt, Vanessa	F	FV45	Accrington Road Runners	53:05	53:18
194.	605	Grevng, Binira	F	Senior	Quays Running Club	53:13	53:20
195.	604	Pearson, Tom	M	Senior	Quays Running Club	53:13	53:21
196.	440	Hamilton, Jayne	F	FV55		53:14	53:22
197.	398	Denney, Colin	M	V65	Thornton Cleveleys Running Club	53:18	53:26
198.	435	Grimoldby, Kate	F	FV35	Spectrum Striders	53:33	53:43
199.	487	Majumder, Joydip	M	V50	Red Rose Road Runners	53:38	53:51
200.	362	Boylan, Sharron	F	FV45	Gin Pit Flyers	54:10	54:23
201.	419	Ford, Hannah	F	Senior	Ramsbottom Running Club	54:58	55:10
202.	339	Attwood, Jason	M	Senior	Burnden Road Runners	55:07	55:12
203.	554	Taktak, Diane	F	FV55		55:05	55:12
204.	354	BLAGBURN, ALAN	M	V50	Ramsbottom Running Club	55:07	55:18
205.	411	Dyson, Linda	F	FV65	Thornton Cleveleys Running Club	55:11	55:19
206.	466	Hughes, Kerry	F	FV35		55:09	55:24
207.	439	Hamilton, Jackie	F	FV70		55:16	55:24
208.	366	Butler, Ann	F	FV60	Ramsbottom Running Club	55:25	55:39
209.	533	Riddle, Julie	F	FV55	Burnden Road Runners	55:25	55:40
210.	574	Wilson, Nikki	F	FV45		55:32	55:47
211.	432	Green, Wendy	F	FV50	Robin Park Runners	55:47	56:02
212.	456	Hickey, David	M	V45		56:10	56:16
213.	391	cuff, Benjamin	M	Jnr. Male	Ben super cool club	56:10	56:21
214.	380	Coffey, Linda	F	FV70	Burnden Road Runners	56:27	56:32
215.	557	Thomas, Nicola	F	FV45	Swinton Running Club	56:31	56:41
216.	446	Hargreaves, William	M			56:38	56:52
217.	445	Hargreaves, Allan	M	Senior		56:38	56:52
218.	404	Donnelly, Lisa	F	FV55	Ramsbottom Running Club	57:36	57:47
219.	379	Cocks, Vicky	F	FV55	Skelmersdale Boundary Harriers	57:42	57:58
220.	581	Curry, David	M	V70	Swinton Running Club	57:56	58:00
221.	448	Harrison, Gail	F	FV45	Radcliffe AC	57:57	58:09
222.	571	Williams, Grace	F	Senior	Radcliffe AC	57:56	58:10
223.	579	Wroe, Tracy	F	FV60	Radcliffe AC	58:39	58:54
224.	560	Turner, Lindsay	F	FV45	Ramsbottom Running Club	58:44	58:58

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225.	547	Sidebottom, Andrea	F	FV65	Ramsbottom Running Club	59:07	59:19
226.	405	Douglas, David	M	V70	Mile Shy	1:00:11	1:00:24
227.	417	Figiel, Karen	F	FV60	Accrington Road Runners	1:01:04	1:01:17
228.	603	Coinsell, Paul	M	V50		1:01:51	1:02:07
229.	458	hitchen, natalie	F	FV45	Radcliffe AC	1:02:08	1:02:22
230.	468	Hunter, Melanie	F	FV40		1:05:15	1:05:34
231.	567	Wheeler, Andy	M	V65	Radcliffe AC	1:05:59	1:06:15
232.	341	Bailey, Heather	F	FV40	Holly's Hearts Runners	1:06:16	1:06:34
233.	519	Parry, Sara	F	FV50	Radcliffe AC	1:06:52	1:07:07
234.	593	McGowan, Gillian	F	FV60	Burnden Road Runners	1:07:08	1:07:24
235.	580	Pendlebury, Christine	F	FV60	Ramsbottom Running Club	1:07:08	1:07:25
236.	425	Fulop, Anthony	M	V65	Burnden Road Runners	1:10:03	1:10:14
237.	507	Myerscough, Debbie	F	FV60	Wesham Road Runners	1:10:38	1:10:55
238.	528	Prosser, Lucy	F	Senior		1:11:54	1:12:11

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