

Yarrow River 10k Trail Run

Overall Results

Plac	Bib	Name	Gende	AG	Club	ChipTim	GunTim
Yarrow Splash 10k Trail Run							
1.	215	rafferty, francois	M	V55	southport & waterloo	29:19	29:26
2.	230	Smith, Richard	M	Senior	Leigh Harriers	29:23	29:32
3.	116	Hewitt, James	M	Senior	Billinge Running Club	29:29	29:38
4.	113	Henderson, Derri	M	Jnr. Male	Kirkby Milers	30:51	30:58
5.	83	Farley, Mark	M	Senior		30:58	31:08
6.	108	Halsall, Matthew	M	Senior	Southport Waterloo	31:01	31:09
7.	76	Ellis, James	M	V40	Kirkby Milers	31:15	31:23
8.	32	Brown, Joe	M	Senior	Billinge Running Club	31:16	31:25
9.	244	Tennant, Ryan	M	Senior		31:35	31:44
10.	256	Walker, Serena	F	FV35	Wigan harriers	31:51	32:01
11.	187	McLaren, John	M	V40	Knowsley harriers	32:04	32:11
12.	69	Derry, Phil	M	V40	Skelsmersdale Boundary Harriers	32:05	32:15
13.	86	Farrer, Oliver	M	Jnr. Male	Liverpool & Sefton Pembroke	34:25	34:33
14.	49	Clancy, Chris	M	Senior		34:34	34:46
15.	238	Sutton, Peter	M	Senior	Southport strollers	35:00	35:21
16.	193	Millward, Peter	M	Senior		35:05	35:21
17.	95	Gaskell, Liam	M	Senior		35:13	35:25
18.	14	Bailey, Rachel	F	Senior	Bolton United Harriers	35:17	35:28
19.	176	Mays, Thomas	M	Senior		35:19	35:33
20.	57	Cornelius, Simon	M	V40		35:21	35:41
21.	81	Eyre, David	M	Senior		35:26	35:49
22.	107	Halliwell, Jamie	M	Senior	Wigan Harriers	35:47	35:57
23.	245	Thomas, Lee	M	Senior		35:47	36:00
24.	30	Brooks, Alex	M	Senior		35:51	36:01
25.	180	mccaig, graeme	M	V50		36:07	36:21
26.	22	Bell, Laura	F	FV40		36:16	36:27
27.	105	Gregory, Phil	M	V45		36:23	36:32
28.	2	Ainsworth, Daniel	M	V45		36:12	36:38
29.	137	Irwin, Derek	M	V60		36:27	36:40
30.	200	Nelson-Verrechia, Leah	M	Senior	Chorley Athletic and Triathlon	36:59	37:10
31.	175	Matthews, Scott	M	Senior		37:02	37:13
32.	7	Anderton, Martyn	M	Senior	Nob End Run Club	37:22	37:22
33.	151	Lander, John-Paul	M	V45		37:25	37:37
34.	218	Regan, Richard	M	V45		37:29	37:39
35.	89	Fedtschyschak, Kylie	F	FV35	Chorlton Runners	37:28	37:46
36.	94	Gaskell, Amy	F		Wigan Harriers	37:35	37:48
37.	3	Ainsworth, Phoebe	F	Jnr.		37:36	37:53
38.	163	Lucas, Simeon	M	Senior	North Bolton Runners	37:11	37:57
39.	36	Burke, Liv	F	Senior	Nob End Run Club	38:16	38:27
40.	54	condron,	M		Swinton Running Club	38:15	38:34
41.	42	Cartridge, Andy	M	Senior		38:09	38:36
42.	145	Kirk, Andrew	M	V45		38:15	38:36
43.	158	Lee, Laura	M	Senior	Trawden AC	38:27	38:50
44.	210	Plant, Gillian	F	FV60	Warrington Running Club	38:40	39:03
45.	100	Graham, James	M	V40		39:23	39:46

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46.	129	Horrocks, Steven	M	V45		39:44	40:04
47.	228	Smith, Fiona	F	Senior		40:05	40:05
48.	204	Oakley, Daniel	M	Senior		39:22	40:07
49.	4	Allard, Joey	M	Senior	Running Bear	40:14	40:27
50.	114	Henderson, Vicky	F	FV40		40:00	40:27
51.	16	Barker, Henry	M			40:27	40:35
52.	174	Mathieson, Guy	M	V50		40:15	40:41
53.	194	Moloney, Pierce	M	V55		40:22	40:48
54.	273	Wray, Dave	M	Senior	Nob End Run Club	40:52	41:04
55.	161	Littler, Bryony	F	Senior	Billinge Running Club	40:56	41:06
56.	191	Mellis, Ken	M	V45	Evolve Lifestyle Acedemy	40:44	41:09
57.	135	ibodje, Jude	M	V50	Swinton Running Club	41:04	41:24
58.	38	Callaghan, Ben	M	Senior		40:48	41:25
59.	44	Casey, Wendy	F	FV45		41:30	41:39
60.	146	Kirkham, Laura	F	FV40	Riversway Road Runners	41:20	41:40
61.	202	Nicholson, Simon	M	Senior	Nob End Run Club	41:26	41:41
62.	269	Willis, Mat	M	Senior		41:19	41:41
63.	33	Brown, Paul	M	V40	Marsh Lane Harriers	40:58	41:42
64.	242	Taylor, Jamie	M	Senior		41:10	41:44
65.	65	Cusick, Warren	M	V40		41:31	41:53
66.	266	Wignall, Verne	M	V55	Liverpool running club	41:12	41:55
67.	138	Jones, Craig	M	V50	Nob End Run Club	41:45	41:57
68.	233	Soden, Heather	F	FV55	Lostock Ac	42:01	42:18
69.	72	Draper, Stephen	M	V40		42:06	42:20
70.	85	Farrer, Keith	M	V60		42:08	42:33
71.	250	Turner, Ged	M	V60	Burnden Road Runners	42:18	42:34
72.	1	Ainscow, Craig	M			42:30	42:40
73.	50	Clough, Harriet	F	Senior		42:18	42:40
74.	192	Miller, Bill	M	V65	Billinge Running Club	42:30	42:40
75.	255	Wai-Hei-Chu, Heydon	M	V40		42:29	42:44
76.	199	Munnelly, Karen	F	FV55	Riversway Road Runners	42:27	42:46
77.	235	Splaine, Phillip	M	Senior	Nob End Run Club	42:38	42:52
78.	97	Glen, Andy	M	V40	Nob End Run Club	42:36	42:52
79.	133	Hurst, David	M	V50	Nob End Run Club	42:52	43:08
80.	47	Cheshire, Kira	F	Senior	Blackpool Wyre and Fylde AC	43:09	43:24
81.	48	Cheshire, Michael	M	V60		43:12	43:27
82.	27	Bowles, Jane	F	FV55	Chorley Athletic and Triathlon	43:09	43:30
83.	91	Foreman, Sarah	F	Senior	Swinton Running Club	43:13	43:30
84.	167	Marsden, Lauren	F	FV50	Swinton Running Club	43:14	43:31
85.	263	White, Mary	F	FV70	Horwich RMI Harriers	43:24	43:40
86.	184	McEnnerney, Emily	F	Senior		43:38	44:07
87.	153	Latham, Ste	M	V40	Silverbacks Running Club	44:07	44:32
88.	106	Gregory, Ste	M	V40		44:53	45:08
89.	234	Spencer, Alan	M	V60	Knowsley harriers	44:54	45:10
90.	201	Newberry, Tom	M	Senior	Billinge Running Club	45:02	45:11
91.	209	Palmer, Josh	M	Senior	Burnden Road Runners	45:20	45:39
92.	128	Horrocks, Bill	M	V50		45:39	45:53

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93.	98	Gomulko, Tom	M	Senior		45:51	46:11
94.	157	Lee, Jessica	F	Senior	Burnden Road Runners	49:13	49:57
95.	188	McLoone, Sean	M	Senior		50:46	51:29
96.	251	TURNER, IAN	M	V60		50:47	51:31
97.	265	Whitear, Joanna	F	FV35		51:17	52:05
98.	197	Moss, Adam	M	V45	Lonely goat	52:04	52:12
99.	206	Oakley, Ken	M	V65	North Bolton Runners	53:33	54:19
100.	109	Harrison, Mark	M	V55	Robin Park Runners	53:58	54:33
101.	226	Shannon, Mike	M	V45	Robin Park Runners	54:03	54:36
102.	37	Butterworth, James	M	V45	Robin Park Runners	54:05	54:36
103.	6	Anderson, Emma	F	FV40		54:30	54:55
104.	84	Farrer, Elaine	F	FV50		54:31	54:55
105.	45	Caton, Ian	M	V40		54:18	54:56
106.	101	Green, Hollie-Louise	F	Senior		54:35	55:21
107.	122	Hird, Heidi	F	FV50	The Lonely Goat	55:04	55:44
108.	208	Owen, Michael	M	V55		55:13	55:48
109.	173	Martin, John	M	V45		55:12	55:52
110.	171	Martin, Charlotte	F	Senior		55:15	55:56
111.	43	Cartwright, Denise	F	FV40		55:36	56:02
112.	219	Rice, Martina	F	FV45	Penny Lane Striders	55:38	56:09
113.	35	Bruchez-Corbett, Jo	F	FV45	Penny Lane striders	55:41	56:12
114.	93	Fulop, Anthony	M	V60	Burnden Road Runners	55:57	56:22
115.	240	Sydenham, Richard	M	V60		56:00	56:30
116.	211	Plowright, Kate	F	FV50		56:02	56:32
117.	58	Crabtree, Keeley	F	FV45		56:04	56:33
118.	239	Sydenham, Louise	F	FV45		56:04	56:33
119.	123	Holden, Elizabeth	F	FV50		56:06	56:35
120.	159	Lee, Paul	M	V45		55:48	56:36
121.	223	Robinson, Laura	F	FV35		56:01	56:38
122.	25	Boardman, Charlotte	F	Senior		56:02	56:48
123.	165	Makin, Debbie	F	FV40	Robin Park Runners	56:27	56:58
124.	126	HOLTON, AMY	F	Senior		56:21	57:01
125.	247	Thomson, Ewan	M	Senior		56:19	57:01
126.	203	Noblett, Matthew	M	Senior		56:19	57:02
127.	268	Williams, Michael	M	Senior		57:02	57:44
128.	267	Williams, Laura	F	Senior		57:04	57:45
129.	55	Cooper, Lee	M	V50	Horwich Triathlon Club	58:07	58:45
130.	56	Cooper, Zee	F	FV50		58:16	58:56
131.	12	Bailey, Carole	F	FV45	Ribble Valley Runners	58:09	58:58
132.	212	Power, Gill	F	FV55	Robin Park Runners	58:35	59:06
133.	39	Callaghan, Jessica	F	Senior		58:34	59:12
134.	186	Mckenna, Louise	F	FV40	Red Rose Road Runners	58:49	59:15
135.	104	Green, Wendy	F	FV50	Robin Park Runners	58:46	59:20
136.	147	Kitts, Louise	F	FV45		59:07	59:31
137.	88	Farrow, Jens	M			59:22	1:00:06
138.	87	Farrow, James	M	V40		59:22	1:00:06
139.	213	Prescott, Kate	F	FV60		59:25	1:00:11

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140.	172	Martin, Denise	F	FV50	Warrington Running Club	1:00:00	1:00:25
141.	8	Arkinstall, Julie	F	FV50		1:00:07	1:00:30
142.	143	Kidd, Sandra	F	FV55	Standish Globe Runners	1:00:08	1:00:32
143.	182	McDonald, Jeanette	F	FV50		1:00:09	1:00:33
144.	90	Flatley, Rachel	F	FV50	Robin Park Runners	59:59	1:00:35
145.	198	Moss, Cath	F	FV50		1:02:22	1:02:22
146.	78	Erlam, Jayne	F	FV50	Skelmersdale Boundary Harriers	1:06:17	1:06:48
147.	46	Cheetham, Ursula	F	FV50	Skelmersdale Boundary Harriers	1:06:16	1:06:49
148.	216	Reevell, Carl	M			1:07:24	1:08:03
149.	166	Makinson, Sid	M	V45	Blackburn Road Runners	1:07:32	1:08:14
150.	74	Edge, Martin	M	V45	Chorley Runners	1:07:48	1:08:16
151.	258	Wallis, David	M	V40		1:08:08	1:08:45
152.	64	Curtis, Autumn	F	Senior	Chorley Runners	1:09:00	1:09:28
153.	221	Richardson, Charles	M	Senior		1:08:58	1:09:30
154.	124	Holliday, David	M	V40		1:09:19	1:09:52
155.	23	Bellamy, Steven	M	V45	Red Rose Road Runners	1:10:04	1:10:31
156.	248	Travis, Martin	M	V50	Robin Park Runners	1:10:27	1:10:57
157.	205	Oakley, Denise	F	FV55	North Bolton Runners	1:10:13	1:11:00
158.	102	Green, Tim	M	Senior	North Bolton Runners	1:10:15	1:11:01
159.	80	Evans, Danielle	F	FV40		1:10:33	1:11:21
160.	260	Watts, Bill	M	V60	Riversway Road Runners	1:10:52	1:11:23
161.	150	Lancaster, Michelle	F	FV35	Standish Globe Runners	1:11:02	1:11:26
162.	61	Critchley, Emma	F			1:10:50	1:11:26
163.	246	Thompson, James	M	Senior		1:10:49	1:11:27
164.	217	Reevell, Luke	M			1:10:48	1:11:28
165.	127	Holton, Tom	M	Senior		1:10:50	1:11:29
166.	62	Crompton, Thomas	M			1:10:53	1:11:36
167.	170	Marshall, Joe	M	Senior		1:10:59	1:11:36
168.	164	Ludlow, Sasha	F	FV40	Southport Strollers	1:11:03	1:11:38
169.	169	Marshall, Andy	M	V55		1:11:00	1:11:38
170.	236	Stephens, Jason	M	Senior		1:10:51	1:11:40
171.	249	Trelfa, Austin	M	V65	Red Rose Road Runners	1:11:37	1:12:04
172.	227	Shannon, Nicola	F		Robin Park Runners	1:11:37	1:12:13
173.	15	Barker, Clare	F		Robin Park Runners	1:11:40	1:12:16
174.	63	Crompton, Tommy	M			1:11:34	1:12:18
175.	18	Barrow, Lorraine	F	FV45		1:12:03	1:12:25
176.	130	Howarth, Alison	F	FV50	Radcliffe Athletics Club	1:12:10	1:12:32
177.	270	Wilson, Geoffrey	M	V70	Warrington Running Club	1:11:59	1:12:34
178.	185	McEwan, Danielle	F	FV35		1:11:55	1:12:34
179.	140	Jukes, Jennifer	F	FV35	Nob End Run Club	1:12:35	1:12:49
180.	120	hill, stephen	M	V70	Standish Globe Runners	1:12:29	1:12:50
181.	229	Smith, Mike	M	V50	Robin Park Runners	1:12:31	1:13:03
182.	144	Kilner, Mark	M	V40		1:12:44	1:13:25
183.	82	Fairclough, Charlotte	F	Senior	Nob End Run Club	1:13:10	1:13:26
184.	237	Stevens, Rachel	F	FV40	Lostock AC	1:13:21	1:13:39
185.	253	Valentine, Amy	F	FV35		1:13:18	1:13:56
186.	52	Coates, Dawn	F	Senior		1:13:27	1:13:56

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187.	21	Beaumont, Selina	F	Senior		1:13:20	1:13:57
188.	51	Coates, Carl	M	Senior		1:13:28	1:13:58
189.	28	boxer, graham	M	V65	Swinton Running Club	1:13:41	1:13:59
190.	262	Westbrook-Platts, charlie	F	FV40	Poynton Runners	1:14:05	1:14:43
191.	261	Westbrook, Matt	M	Senior		1:14:05	1:14:44
192.	40	Campbell, Catherine	F	FV45	Riversway	1:14:40	1:15:01
193.	11	Baggaley, Leanna	F	FV40		1:14:34	1:15:03
194.	190	Meehan, Claire	F	FV35		1:14:40	1:15:10
195.	96	gilston, russell	M	V60	Chorley Runners	1:15:09	1:15:29
196.	181	McCormack, Nicola	F	FV40	Chorley Runners	1:15:09	1:15:29
197.	142	Kidd, Paul	M	V55		1:15:31	1:15:54
198.	168	Marsh, Sam	F	Senior		1:15:22	1:16:10
199.	214	Proctor, Emma	F	FV40		1:15:42	1:16:23
200.	131	Hughes, Lana	F	Senior	Nob End Run Club	1:16:10	1:16:28
201.	103	Green, Tony	M	V65	Penny Lane Striders	1:16:06	1:16:37
202.	231	Smith, Ste	M	Senior		1:16:54	1:17:41
203.	10	ATKINSON, GRAEME	M	V55		1:18:14	1:18:30
204.	79	Evans, Damian	M	Senior		1:17:43	1:18:31
205.	141	Jump, Kath	F	FV45	Blackburn Road Runners	1:18:28	1:19:11
206.	179	McAuley, Gemma	F	FV35	Blackburn Road Runners	1:18:30	1:19:12
207.	178	McArthur, Andy	M	V40	Blackburn Road Runners	1:18:32	1:19:15
208.	152	Latham, Rachel	F	FV45	Riley's Runners	1:18:47	1:19:15
209.	26	Bostwick, Laura	F	Senior		1:18:49	1:19:17
210.	29	Breheny, Elizabeth	F	FV50	Skelmersdale Boundary Harriers	1:18:47	1:19:20
211.	24	Bleese, Natasha	F	Senior	Nob End Run Club	1:19:23	1:19:41
212.	254	Vernon, Pete	M	V45	Nob End Run Club	1:19:24	1:19:41
213.	31	Brown, Jenny	F	FV45	North Bolton Runners	1:18:56	1:19:42
214.	66	Daley, Stacey	F	Senior	Nob End Run Club	1:20:19	1:20:37
215.	189	Mead-Mason, Barbara	F		Blackpool Freedom Runners	1:20:07	1:20:41
216.	243	Taylor, Stuart	M	V40	Lonely Goat	1:20:15	1:20:42
217.	70	Doran, Jan	F		Standish Globe Runners	1:20:31	1:20:53
218.	60	Creed, Elliott	M	Senior		1:21:56	1:22:13
219.	9	Ashton, Gayle	F	FV45		1:22:46	1:23:05
220.	53	Colman, Joanna	F	FV45		1:22:48	1:23:08
221.	118	Higham, Becky	F			1:23:15	1:23:44
222.	13	Bailey, Elaine	F	FV65	Radcliffe Athletics Club	1:23:46	1:24:10
223.	271	Wilson, Glenn	M	V50		1:25:42	1:26:02
224.	67	Dallinger, Angela	F	FV40	Red Rose Road Runners	1:28:47	1:29:14
225.	136	Iddon, Richard	M	V70		1:29:00	1:29:49
226.	132	Hunt, Tracey	F	FV55	Fylde Coast Runners	1:31:14	1:31:49
227.	92	Frankle, Fiona	F	FV55	Standish Globe Runners	1:56:32	1:56:56

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